

According to the latest research from job board CV-Library, more than half of UK professionals feel that their colleagues don't work hard enough.

The survey explored the topic of professional work relationships to investigate how Brits feel about their co-workers and whether they are happy for their colleagues' success.

While it seems that a lack of effort from co-workers is a real bugbear in the office, colleagues awarded pay rises seem to be a continuous cause of jealousy.

The research revealed that more than half of professional's work with people that they dislike or find challenging to work with, while 34.4% of employees state that this creates a negative working atmosphere.

Lee Biggins, Founder and Managing Director of CV-Library, says that with a high number of professionals dubbing their colleagues as lazy, the survey results are a cause for concern. He said:

"This can be demotivating, unfair and frustrating for employees. What's more, the negativity that professionals are reporting is bad news for both workers and businesses."

"If you're facing negative or difficult colleagues who make you want to leave your role, or cause low morale and a bad working environment, it might be time to discuss these feelings with your manager. After all, no one should be made to dislike their job by another's bad attitude."

He says that positive working relationships are crucial not only in terms of productivity but for career opportunities and socialising purposes.

Despite 88.9% of survey respondents saying that they always support their colleagues, 25.5% admit to getting jealous of promoted co-workers.

Furthermore, more than a third admitted to discussing salaries with colleagues, while 37% revealed getting jealous if they received less than their co-workers or those who bagged themselves a pay rise.

Here are the top five reasons that lead to laziness and negativity amongst co-workers:

- Wanting to leave the company - 45.5%
- Low morale across the team - 18.5%
- Dreading going to work - 14.9%
- An awkward working environment - 11%
- Want the colleagues involved to leave – 6.5%